

CERTIFICATE

OF PARTICIPATION

This is to certify that

Gerrit Van Niekerk

Has successfully participated & completed the

Solo Steer Cowhouse Cross Duathlon 2019 #3

held at Cowhouse Market.

TIME 01:29:53

PACE 14.69km/h

OVERALL 32 of 52

GENDER 25 of 32

70 TO 74 1 of 1

02 June 2019, Sun

Date

Bout Lime